

# 2024 MAY HEARTHSIDE & GARDENS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>9:30 Group Hymn Singing (JB) <b>5</b> 1:00 Wii Bowling (AR) 3:30 Name That Tune (JB)</p>	<p>11:15 Sittercise (AR) <b>6</b> 1:00 Mexican Train (JB) ** 1:00 Support Shawl Knitters (Fireside JB) 1:45 Wii Bowling (AR) 3:00 Bingo (AR)</p>	<p><b>AM Doctor Transports</b> <b>7</b> 10:00 Seated Yoga &amp; Meditation(AR) 1:00 Blackjack (AR) <b>1:30 Scenic Drive R&amp;T</b> 3:00 Balloon Volleyball (JB) 5:45 Movie Night (AR) **</p>	<p><b>8:30 Men's Breakfast R&amp;T</b> <b>1</b> 10:00 Comfort Keeper's Caregiver Support Group (HS AR) 11:15 Sittercise (AR) <b>11:30 Safeway/Dollar Tree R&amp;T</b> 1:45 Wii Bowling (AR) 3:00 Bingo (AR)</p>	<p><b>PM Doctor Transports</b> <b>2</b> <b>9:00 Walk Bradley Park R&amp;T</b> 10:00 Seated Yoga &amp; Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 3:00 Charades (JB)</p>	<p>9:00 Mobile Library (JB) <b>3</b> 11:15 Sittercise (AR) 1:00 Tai Chi (AR) 1:00 5 Card Draw Poker (AR) 2:00 Raffle Bingo! (AR)</p>	<p>9:30 St. Vincent De Paul Communion (Care Station Fireside) 10:00 Bridge (AL) 11:30 Wear your Fancy Hats &amp; Watch the Kentucky Derby! (AR) 1:00 Craft Time with Ora! (CR)</p>
<p>9:30 Group Hymn Singing (JB) <b>12</b> 1:00 Wii Bowling (AR) 3:30 Trivia Time (JB)</p> <p><i>Happy Mother's Day</i></p>	<p>11:15 Sittercise (AR) <b>13</b> 1:00 Mexican Train (JB) ** 1:00 Support Shawl Knitters (Fireside JB) <b>2:15 Wine &amp; Cheese (JB)</b> 3:15 Bingo (AR) 4:00 Therapy Dog Visits (JB)</p>	<p><b>AM Doctor Transports</b> <b>14</b> 10:00 Seated Yoga &amp; Meditation (AR) 1:00 Blackjack (JB) 2:00 Poetry Appreciation Group (LB) <b>1:30 Scenic Drive R&amp;T</b> 3:00 Balloon Volleyball (JB) <b>3:30 Dining Out Peking Wok R&amp;T</b> 5:45 Movie Night (AR) **</p>	<p><b>9:30 Fred Meyer/Winco R&amp;T</b> <b>8</b> 11:15 Sittercise (AR) <b>1:00 Round Table Meeting (JB)</b> 1:45 Wii Bowling (AR) 3:00 Bingo (AR) <b>5:00 NEW ACTIVITY, Post Dinner Prayer Meeting (JB)</b></p>	<p><b>PM Doctor Transports</b> <b>9</b> <b>11:00 Mother's Day Tea (Fairfield DR) R&amp;T</b> 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 5:15 Singin' with Sid (JB)</p>	<p>11:15 Sittercise (AR) <b>10</b> 1:00 5 Card Draw Poker (JB) 2:00 Raffle Bingo (AR)</p>	<p>9:30 St. Vincent De Paul Communion (Care Station Fireside) 10:00 Bridge (AL) 1:00 Craft Time with Ora! (CR) 2:00 Show &amp; Tell (JB)</p>
<p>9:30 Group Hymn Singing (JB) <b>19</b> 1:00 Wii Bowling (AR) 3:30 Name That Tune (JB)</p>	<p>11:15 Sittercise <b>20</b> 1:00 Mexican Train (JB) ** 1:00 Support Shawl Knitters (Fireside JB) 1:45 Wii Bowling (AR) 3:00 Bingo (AR)</p>	<p><b>AM Doctor Transports</b> <b>21</b> 1:00 Blackjack (JB) <b>1:30 Scenic Drive R&amp;T</b> 3:00 Balloon Volleyball (JB) 5:45 Movie Night (AR) **</p>	<p><b>10:00 EQC Casino, Fife R&amp;T</b> <b>15</b> 11:15 Sittercise (AR) 1:45 Wii Bowling (AR) 3:00 Bingo (AR)</p>	<p><b>PM Doctor Transports</b> <b>16</b> <b>9:00 Walk Game Farm R&amp;T</b> 10:00 Seated Yoga &amp; Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 3:00 Jeopardy (AR)</p>	<p>11:15 Sittercise <b>17</b> <b>12:00 Ladies Lunch, Elks Temple, McMenamins R&amp;T</b> 1:00 Tai Chi (AR) 1:00 5 Card Draw Poker (JB) 2:00 Raffle Bingo (AR)</p>	<p>9:30 St. Vincent De Paul Communion (Care Station Fireside) 10:00 Bridge (AL) <b>2:00 Live Music, Harmony Kings R&amp;T (Fairfield - sign up for a ride)</b> 5:00 Karaoke with Alex! (AR)</p>
<p>9:30 Group Hymn Singing (JB) <b>26</b> 1:00 St. Luke's Service On Campus (HS JB) 3:30 Trivia Time (JB)</p>	<p><b>27</b></p> 	<p><b>AM Doctor Transports</b> <b>28</b> 10:00 Seated Yoga &amp; Meditation (AR) 1:00 Blackjack (JB) <b>1:30 Scenic Drive R&amp;T</b> <b>2:00 Hand Spa (AR)</b> 5:45 Movie Night (AR) **</p>	<p><b>9:30 Target/Trader Joes R&amp;T</b> <b>29</b> 11:15 Sittercise (AR) 1:45 Wii Bowling (AR) 3:00 Bingo (AR)</p>	<p><b>PM Doctor Transports</b> <b>30</b> <b>9:00 Walk Wapato R&amp;T</b> 10:00 Seated Yoga &amp; Meditation (AR) 11:00 Faith Baptist Bible Study (AR) 1:00 Rummikub (JB) **  <b>1:00 Village Green Art Stroll! (Fairfield) R&amp;T</b></p>	<p>11:15 Sittercise <b>31</b> 1:00 Tai Chi (AR) 1:00 5 Card Draw Poker (JB) 2:00 Raffle Bingo! (AR) <b>3:00 Happy Hour (JB)</b></p>	<p>9:30 St. Vincent De Paul Communion (Care Station Fireside) 10:00 Bridge (AL) 1:00 Craft Time with Ora! (CR) 2:00 Show &amp; Tell (JB)</p>

**TAI CHI CLASSES**  
On May 3, 17, and 31, check out our newly added Tai Chi class, led by an experienced instructor, Tai Chi is gentle and beneficial for the mind, body, and soul.

**DOOR DECORATING contest**  
It's time for another door decorating contest! Spring is in full swing... bright colors and flowers! Theme for May is **SPRING SUNSHINE!**

**MAY CAMPUS EVENT**  
Join us for a lovely afternoon Art Stroll in the Fairfield building! We will be displaying resident artists' creative pieces, enjoying wine & cider and tasty bites!

AR - Activity Room	<b>BOLD BLACK</b> - Outings
LB - Library	<b>BOLD BLUE</b> - Live Entertainment
JB - Juice Bar	<b>RED</b> - Medical Transports
DR - Dining Room	<b>BOLD PURPLE</b> - Special Events
CR - Craft Room	<b>BOLD ORANGE</b> - Meetings
	<b>BOLD GREEN</b> - Seminars
R - requires reservation	
T - transportation is provided	** Resident Led Activity

\*\*\* Doctor Transports \*\*\* AM 7:30 to 11:30 / PM 12:30 to 4:00